



RESOLUTION NO. 2026-34

"ADOPTING THE REVISED IMPLEMENTING GUIDELINES ON OPERATION TIMBANG PLUS (OPT PLUS)."

Motioned by:

Honorable Kyle Gabrielle DR. Navarro

Chairman

Committee on Health, Nutrition, Sanitation, and Education

WHEREAS, nutrition plays a vital role in an individual's growth and development with growth as a measure of an individual's health and nutritional well-being;

WHEREAS, two methods of growth assessment in communities in the Philippines are being implemented, namely; Growth Monitoring and Promotion (GMD), the individual child regular growth monitoring for counseling and intervention, and the conduct of mass weighing referred to as Operation Timbang (OPT);

WHEREAS, OPT Plus is the annual mass weighing with the addition of the measurement of length or height of all preschool children aged 0-71 months old in a community to identify and locate families with malnourished preschool children, and determine the overall nutrition situation in the area every 1st quarter of the year;

WHEREAS, the "Plus" in OPT Plus refers to the:

1. Inclusion of length and height measurement in the conduct of OPT Plus because using weight and length or height in combination can help best describe a child's nutritional status in terms of stage of deterioration of nutritional status of the child;
2. Effort of the OPT Team to come up, through a group – coordinated effort, with only one set of OPT Plus data for consistency among the different functionaries and groups;
3. Extra effort of local nutrition committees, particularly members of Community Health Teams, to jointly discuss, analyze and utilize the OPT Plus results for identification of actions to address the malnutrition problem in the locality; and

TANGCAPAN NG SANGGUNIANG BAYAN

BAKURAN NG BAHAY PAMAHALAANG BAYAN NG BUSTOS, BULACAN

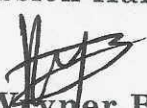
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4. Use of the Child Growth Standards (CGS) as the country's standard for growth assessment of children as the single international standard that represents the best physiological growth for all children from birth to five years of age and establish the breastfeed infant as the normative model for growth and development as stipulated in NNC Governing Board Resolution No. 2, S 2008, "Adoption of the New WHO Child Growth Standards for Use for Children 0 -5 years old in the Philippines".

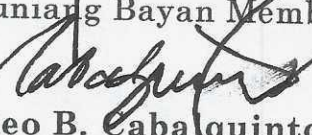
NOW THEREFORE, on motion of **HONORABLE KYLE GABRIELLE DR. NAVARRO** duly seconded by all Sangguniang Bayan members present.

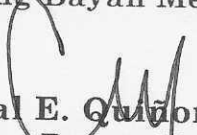
RESOLVED, as it is hereby **RESOLVED**, by the Sangguniang Bayan of Bustos to adopt the Revised Implementing Guidelines on Operation Timbang Plus (OPT Plus).

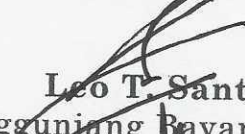
APPROVED and ADOPTED, 2nd of February, 2026 at at the Amado Raymundo Session Hall.


Phillip Wrynner B. Santos
Sangguniang Bayan Member


Kyle Gabrielle DR. Navarro
Sangguniang Bayan Member


Romeo B. Cabaquinto
Sangguniang Bayan Member

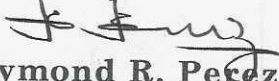

Aljhaneal E. Quinones
Sangguniang Bayan Member


Leo T. Santos
Sangguniang Bayan Member


Melvin H. Melencio
Sangguniang Bayan Member


John Erick L. Perez
Sangguniang Bayan Member


Engr. Gliceria M. Perez
Sangguniang Bayan Member


Raymond R. Perez
ABC Vice President

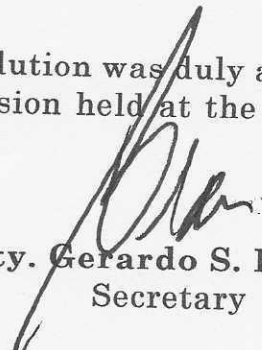

Mel Ryan P. Juan
SK President


Martin SJ. Angeles, MMPA
Vice Mayor and
Presiding Officer of the Sangguniang Bayan

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CERTIFICATION:

I HEREBY CERTIFY that the foregoing resolution was duly adopted by the Sangguniang Bayan during its regular session held at the Amado Raymundo Session Hall on 2nd of February, 2026.


Atty. Gerardo S. Briasa
Secretary